



Care coordination/ Integration

## Brief Action Planning Online Course

### SUMMARY

This online course is provided in collaboration with the Centre for Collaboration, Motivation and Innovation and includes training in Brief Action Planning (BAP) principles and techniques. Core concepts included stepped care for self-management support and the spirit of motivational interviewing. The practical skills taught are how to use Ask-Tell-Ask to give information and advice and how to use BAP to help people make action plans that address the aspects of their health or situation that are most important to them.

### PROCESS

This is an interactive skills-based workshop that is designed for participants who want to consider practical applications for their work. Instructors use learner-centered, performance-based approaches to adult education.

The online course can be completed in 4 and 6 hours. Access to the course is made available for 2 months and during that time 6 practice and feedback sessions will be offered. Pricing is set to accommodate up to 20 participants

### CUSTOMIZATION OPTIONS

None



**PRICE:**  
**\$10,000**

**TIME FRAME:**  
**Ongoing Availability**

**PROJECT LENGTH:**  
**On-line 4-6 hour course completed at the learner's own pace for up to two months.**

**THIS PROJECT IS FOR:**  
**Care Coordinators and Clinicians in a single or multiple organizations.**

**DOMAINS:**  
**Care Coordination**  
**Performance Improvement**  
**Telehealth**

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